

Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture’s (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, review *Guidance for School Wellness Policy Triennial Assessment*. For additional worksheets, visit the “What’s Next” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

Section 1 (Strong Policies and Aligned Practices). If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

<p>Strong Policies and Aligned Practices</p> <p>Marlborough Public Schools adheres to the Smart Snack Standards for all foods sold in the cafeteria. When after school, school sponsored, activities are held, MES (Marlborough Elementary School) purchases snacks through our food program.</p> <p>Our physical education curriculum is based on national standards. Our physical education teacher works diligently to infuse nutrition education into his classes at all grade levels.</p> <p>MES has a daily thirty minute recess block. Students have a huge playground with playground equipment promoting daily exercise.</p> <p>MES staff, especially at the younger grades, embeds movement breaks into their day (Go Noodle, etc).</p> <p>Our Wellness Committee is embedded within our Operations, School Health and Wellness Committee.</p>
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Section 2 (Create Practice Implementation Plans). If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Marlborough Elementary School is working to build our nutrition curriculum, based on national standards. Our chef does a nice job of infusing information on nutrition into the cafeteria – so the children waiting in line are able to interact with nutrition information.

MES works with Chartwells to provide food to our children and staff. Chartwells will continue to provide training to their staff to meet requirements.

MES currently provides approximately 40 minutes of physical education per week for every student. We will continue to advocate for more PE time per week.

MES currently allows classroom celebrations to include food. While healthy foods are requested, there are times when classroom celebrations include sweet snacks.

MES will continue to encourage and support a healthy work environment for staff. During COVID time, it was not possible to have any shared healthy food opportunities.

Section 3 (Update Policies). If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Marlborough Elementary School will discuss adding language into policy about purchasing more local foods.

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Section 4 (Opportunities for Growth). If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Our district will work on adding more locally grown foods to our cafeteria program.

Marlborough Public School constantly reevaluates our scheduling / programming. The minutes per week of physical education class will be reevaluated.

Marlborough Public Schools reminds families each year about the importance of healthy food to be sent in for class celebrations.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx.



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