



Elmer Thienes – Mary Hall Elementary School

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Dan White Kimberly Kelley
Principal Assistant Principal

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Dear Marlborough Elementary School Families,

Coronavirus information is being updated daily. We continue to closely monitor information from the Center for Disease Control (CDC) as well as information from Chatham Health District. Alice Mecca, our school nurse, reviews all the information with us and we discuss how the current information changes our current cleaning strategies.

As we shared in last week's Thursday letter, we continue to clean the building on a nightly basis with cleaning products that are recommended for schools. We pay careful attention to door handles and other commonly touched areas. Last weekend, we added additional staffing in order to focus cleaning in specific areas of the building.

Our school, full on a daily basis with children ranging in age from 3 to 12 years old, require varying degrees reminders about healthy habits, such as washing hands, coughing and sneezing with care, and remembering to use tissues. While our older children require only occasional reminders, our littlest ones are still learning. We will continue to remind everyone of healthy habits.

As well as closely monitoring CDC information, we've also reviewed our school district Safety & Security Plan which speaks to situations such as the current Coronavirus and how we handle things from a school standpoint.

Please feel free to reach out to the school with any questions. We will keep you updated on the latest information that is provided to our school.

Dan & Kim

Below, please find information on prevention from the CDC Web-site (<https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>) dated: 3.2.20:

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for [health workers](#) and [people who are taking care of someone in close settings](#) (at home or in a health care facility).
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.